10 EASY PRESCHOOL ACTIVITIES TO DO AT HOME

PLAY • EXPLORE • LEARN | AGES 3–5

1 Colour Hunt

YOUNEED:Coloured paper or household objects

Choose a colour and find five safe objects that match. Sort finds into colour groups.

2 Count & Collect

YOUNEED:Blocks,largebuttons or toy animals

Count out 1 to 10 objects. Make small groups and count them together.

3 Shape Detective

YOU NEED: Paper and crayons

Draw a circle, square and triangle. Search the room for matching shapes.

4 Letter Treasure Hunt

YOU NEED: Paper and a pencil

Pick a letter. Look for it on book covers, packaging or signs around the home.

5 Nature Collage

YOUNEED:Leaves,paper and glue

Collect fallen leaves outdoors with an adult. Arrange and glue them onto paper.

No fancy supplies needed - learning happens through everyday play!

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6 Dance & Freeze

YOU NEED: Music

Play a favourite song. Dance while it plays and freeze when the music stops.

7 Storytime Puppets

YOUNEED:Paper,crayonsand craft sticks

Draw story characters, attach them to sticks and retell a familiar story.

8 Sock Sorting

YOU NEED: Clean socks

Match pairs by colour or pattern. Count how many pairs you found.

9 Build a Pattern

YOUNEED:Largeblocksor coloured paper shapes

Start a red-blue-red-blue pattern. Invite your child to continue it.

10 Pretend Café

YOUNEED:Toydishes, paper and crayons

Make a pretend menu, take orders and count pretend meals together.

Grown-up tip: Supervise activities and adapt materials to your child.